



Do you have a loved one with a serious mental illness?

If you are struggling to help a loved one who has depression, anxiety, bipolar disorder, panic disorder, schizophrenia, OCD, PTSD or borderline personality disorder, this class is for you.

Get support and learn the skills you need through the

**FAMILY-TO-FAMILY EDUCATION
PROGRAM**

Class begins Tuesday, August 31, 2010

Class will meet on Tuesday each week from 6:30 – 9:00 PM for 12 weeks
at St. Francis Episcopal Church Fellowship Hall, 3002 Miori Lane,
in Victoria

NAMI's Family-to-Family Education Program is FREE. It is taught by trained NAMI family members who offer information, insight, understanding and empowerment. Attendees do not have to be members of NAMI, but class size is limited and **REGISTRATION IS REQUIRED.**

For more info about Family-to-Family, or to register, call Bruce at 361-395-6611, Jessica at 361-676-9730 or Patsy at 361-578-3935.

Please leave your name and phone number!

Visit our website at www.namivictoria.org

Please pass this information to anyone you think might benefit from this program.